A two-day Training of Trainers workshop on good nutrition and hygiene was organised by the Partnership for Child Development (PCD) and Ghana School Feeding Programme (GSFP), opened in Accra on Wednesday 17 December.

The workshop which is under the PCD/GSFP – Dubai Cares Nutrition Project aimed at equipping participants with mass media communication, to be delivered at community and school levels.

It brought together school health education programme personnel under the Ghana Education Service from 15 municipal and districts in nine regions.

It was aimed at taking participants through a healthy eating manual developed by PCD, and to equip participants with skills in financial reporting, common nutrition problems among school-aged children, and the core food groups.

Participants are expected to go back to their various municipalities and districts to train caterers under the GSFP on skills acquired during the workshop.

Mrs Gertrude Ananse-Baiden, Country Programmes Manager of PCD explained that the programme is in three phases namely its assessment and design, implementation and evaluation.

Mrs Ananse-Baiden said the assessment is to introduce the project to government and partners,
PCD Trains Ghana’s School Health Professionals on Healthy Eating and Hygiene

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develop a methodology for selecting beneficiary districts, an implementation plan, and an offline version of the PCD-led School Meals Planner which helps caterers plan cost-efficient and nutritious school meals.

PCD works to improve the health and nutrition of the school age child in developing countries, by adopting a cross sectorial approach to develop the most effective scaled and sustainable programmatic solutions. The organisation has been working with the GSFP to strengthen its programme implementation since 2010.

“A number of activities/support has been provided by PCD including the development of Ghana’s Technical Assistance Plan which helps to identify and assist on areas of the GSFP that requires support.” continued Ms Ananse Baiden.

Mrs Edna Apea Gandah, a Monitoring and Evaluation Officer from the GSFP said the participants are expected to read the manual and to distinguish six facts which could give school aged children, parents and or care-givers in the community new and useful information and which could be discussed with peers and families.

PCD’s nutrition programme is being funded by Dubai Cares, a philanthropic organisation of the United Arab Emirates.

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